

Nodaway Valley Middle School May 2021



Monday

Tuesday

Wednesday

Thursday

Friday

3 BREAKFAST-Juice, Milk Pancakes WG LUNCH-BBQ Rib/Bun WG French Fries Blushing Pears Milk	4 BREAKFAST-Juice, Milk Mini Cinnis WG LUNCH-Chicken Nuggets Mashed Potatoes/Gravy Dinner Roll WG Apple Slices Milk	5 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit WG LUNCH-Bosco Cheese Sticks WG w/Marinara Green Beans Rosy Applesauce Milk	6 BREAKFAST-Juice, Milk Breakfast Pizza WG LUNCH-Tangerine Chicken Rice (Brown) Cooked Carrots BB Sandwich WG Fresh Fruit/Milk	7 BREAKFAST-Juice, Milk Mini WG Donuts LUNCH-Pizza WG Corn Peaches Milk
10 BREAKFAST-Juice, Milk Breakfast Bites WG LUNCH-Deli Smoked Turkey & Cheese/Bun WG French Fries Fruit Cocktail Milk	11 BREAKFAST-Juice, Milk Apple or Cherry Frudel WG LUNCH-Baked Potato/Diced Ham Cheese Sauce Steamed Broccoli Garlic Breadstick WG Mandarin Oranges/Milk	12 BREAKFAST-Juice, Milk Eggo Choc. Chip French Toast WG LUNCH-Cheeseburger/Bun WG Tater Tots Red Pepper Strips Applesauce Cup Milk	13 BREAKFAST-Juice, Milk Breakfast Pizza WG LUNCH-Cheesy French Bread Pizza WG/w Marinara Sauce Green Beans Fresh Fruit Milk	14 BREAKFAST-Juice, Milk Mini WG Donuts LUNCH-Walking Taco w/Lettuce & Cheese Baby Carrots Peaches Milk
17 BREAKFAST-Juice, Milk Pancakes WG LUNCH-Chicken Patty/Bun WG Savory Carrots Blushing Pears Milk	18 BREAKFAST-Juice, Milk Mini Cinnis WG LUNCH-Pork Tenderloin WG Mashed Potatoes/Gravy Dinner Roll WG Apple Slices Milk	19 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit WG LUNCH-Sloppy Joes/Bun WG French Fries Rosy Applesauce Milk	20 BREAKFAST-Juice, Milk Breakfast Pizza WG LUNCH-Dutch Waffle WG Egg Omelet Hash Browns Banana Milk	21 BREAKFAST-Juice, Milk Mini WG Donuts LUNCH-Pizza Crunchers WG w/Marinara Sauce Green Beans Strawberries & Peaches Milk
24 BREAKFAST-Juice, Milk Cook's Choice LUNCH-Cook's Choice	25 BREAKFAST-Juice, Milk Cook's Choice LUNCH-Cook's Choice	26 BREAKFAST-Juice, Milk Cook's Choice LUNCH-Cook's Choice	27 BREAKFAST-Juice, Milk Cook's Choice LUNCH-Cook's Choice	28 BREAKFAST-Juice, Milk Cook's Choice LUNCH-Cook's Choice <i>Last Day of School!</i>
31 MEMORIAL DAY		<i>Menus Subject to Change</i> <i>Milk and Juice Served with Breakfast</i> <i>Milk Served with Lunch</i>	<i>Parents may deposit money to their student's meal account with SchoolPay, a secure online payment system. Click on the SchoolPay link on the Nodaway Valley web site at www.nodawayvalley.org</i>	

NV Schools offers skim, 1% white milk and chocolate skim milk everyday.

Breakfast option offered daily: Cereal, Toast, Juice & Milk or 2 pieces of Toast, Juice & Milk.

NV Middle School offers reduced fat ice cream, WG rice krispie bar etc. as ala carte items that can be purchased.

WG= Whole Grain.

This institution is an equal opportunity provider.